

ACTIVITY. CYBERBULLYING: INFORMATION, AWARENESS AND PREVENTION

TOOLS. We use the website of a relevant Spanish organization PANTALLAS AMIGAS (FRIENDLY SCREENS) www.pantallasamigas.net

PANTALLAS AMIGAS has been working for 10 years for digital citizenship and the rights of children and adolescents. It has the recognition of many agents (institutions, parents, children). Its aim is to promote a safe and healthy use of CIT and encourage a responsible digital citizenship of children and adolescents.

PANTALLAS AMIGAS offers many resources that can be used by teachers with the students, even it has its own channel in Youtube

<https://www.youtube.com/user/pantallasamigas>

In this activity a series of informative videos are used. These videos are clear and short and although they are in Spanish, they are very intuitive and can be understood by almost everybody. They can be a good resource for students learning Spanish of course!

OBJECTIVE. The main aim of this activity is students to be aware of the risk of cyberbullying when they are surfing on the Internet.

AIMED AT. 2nd – 3th – 4th year of Secondary students.
1st year of A-level students.

SUBJECT. Technologies, CIT.

TIME. Two lessons of 50'.

ACTIVITY DEVELOPMENT

- Students watch the following videos:
 - Cyberbullying: ciberacoso en redes sociales, videojuegos, smartphones, .. y su prevención (*Cyberbullying: cyberbullying on social media, videogames, smartphones, ... and its prevention*). 3:02.

https://www.youtube.com/watch?v=SEC_dOWFN5M

- ¿Cómo evitar ser víctima de cyberbullying por suplantación de identidad? (*How to avoid being a victim of cyberbullying for identity theft?*) 2:50.

<https://www.youtube.com/watch?v=XQeFYgedVZg&list=PLC186BF9FE0418ED2&index=15>

- ¿Cómo actuar ante el ciberacoso? Ignora, bloquea, pide ayuda y denuncia (*How to deal with cyberbullying? Ignore, block, ask for help, inform against*). 2:36

<https://www.youtube.com/watch?v=tVAjiyNzYq0>

- Seis recomendaciones para la prevención del cyberbullying (*Six recommendations to prevent cyberbullying*). Every advice about 47".

¿Conoces los efectos del cyberbullying? (*Do you know cyberbullying effects?*)<https://www.youtube.com/watch?v=zRjRWMwtXVs&list=PLUGAcyUkQe0pQf-dn-85TjSzslRDlzMd3&index=3> (1/6) 47"

¿Alguien te está molestando en la red? (*Is anybody annoying you on the net?*)<https://www.youtube.com/watch?v=myz1zuhwKpY&list=PLUGAcyUkQe0pQf-dn-85TjSzslRDlzMd3&index=5> (2/6) 46"

¿Te has parado a pensar lo que subes a la red? (*Have you ever thought what you are uploading?*) (3/6) 47"

https://www.youtube.com/watch?v=7K_Pg0_JEpM

¿Estás tranquilo compartiendo tu vida con todo el mundo? (*Do you feel alright sharing your life with everybody?*) (4/6) 47"

<https://www.youtube.com/watch?v=HtZTDezlpk4>

¿Qué informaciones no publicarías de otros? (*What kind of information of other people you would never publish?*) (5/6) 47"

<https://www.youtube.com/watch?v=gvb75Jk54Wg>

¿Con qué tipo de gente compartes la red? (*Who do you share the net with?*)

<https://www.youtube.com/watch?v=bryW8QoasYs> (6/6) 47"

- Answer the attached questionnaire (True/False)
- Working in pairs or threes, students must find on the Internet two-three real cases of cyberbullying in their country and write a short report of every case indicating:
 - A summary of what happened in every case.
 - What did the victim do right/wrong?
 - What do you think the victim should have done to avoid cyberbullying?
 - Once cyberbullying has happened, what do you think the victim must do?

QUESTIONNAIRE: CYBERBULLYING

Read the following sentences and write if they are true (T) or false (F):

- Knowing how to set your privacy options on social media is very important.
- To avoid cyberbullying you have to ignore any provocation.
- Cyberbullying is usually caused by an adult to a children.
- To avoid cyberbullying it is very important to protect your personal data.
- If you suffer cyberbullying it is better to solve the problem on your own and not to tell it to any adult avoiding the problem was bigger.
- If somebody annoys you online, you must tell them they are committing a crime
- On the Internet, in general, everybody is who they say.
- Identity theft on line is a crime with penal consequences.
- You must follow basic education rules on the net as in the real life.
- If you let your friends upload your photos then you can do the same with theirs.
- Cyberbullying can cause psychological damages in the victim with serious consequences.
- Spreading false rumors is a joke between children with no consequences.
- Cyberbullying is not related to identity theft.
- Photos you upload are seen only by people you want to do it.
- Cyberbullying is a crime that can have serious consequences for the stalker.
- If anybody insults you on the net you must answer them with a bigger insult.
- Cyberbullying consists of taunts and threats using Internet or mobile phones.
- You can totally erase what you have uploaded, if you regret it, whenever you want.
- Cyberbullying is not an important problem.
- If anybody suffers bullying must save the evidences