

ACTIVITY. 10 ADVICES TO A SAFE INTERNET AND SOCIAL MEDIA USE

TOOLS. We use the website of a relevant Spanish organization PANTALLAS AMIGAS (FRIENDLY SCREENS) <https://www.youtube.com/watch?v=t-x73w1N1os>

PANTALLAS AMIGAS has been working for 10 years for digital citizenship and the rights of children and adolescents. It has the recognition of many agents (institutions, parents, children). Its aim is to promote a safe and healthy use of CIT and encourage a responsible digital citizenship of children and adolescents.

PANTALLAS AMIGAS offers many resources that can be used by teachers with the students, even it has its own channel in Youtube

<https://www.youtube.com/user/pantallasamigas>

In this activity a informative video is used. This video is clear and short and although it is in Spanish, it is very intuitive and can be understood by almost everybody. It can be a good resource for students learning Spanish of course!

OBJECTIVE. The main aim of this activity is students to be aware of the general risks when they are surfing on the Internet.

AIMED AT. 2nd -3th year of Secondary students.

SUBJECT. Technologies, CIT.

TIME. Two lessons of 50'.

ACTIVITY DEVELOPMENT

- Students watch the video in which 10 advices are shown. Every advice will be explained and commented in the whole group (their questions and opinions, if they know and follow these advices, ..).
- In groups, and using computers, students have to make posters with the safety tips. Posters will be put on the computer lab walls as advices to all users.

Attached there is an English translation of safety tips shown in the video.

INTERNET AND SOCIAL MEDIA SAFETY TIPS

1. Malware. Keep you computer free of malware and do not open strange messages or files.
2. Personal data. Protect your personal data. Images or data that identifies you have great value and they never must be given away.
3. Post photos and comments. Post images and texts you wish, but before make sure they don't annoy anybody and you don't mind everybody can see them.
4. Provocations and conflicts. Don't respond to provocations. If anything annoys you, turn off the computer and tell it to and adult you trust.
5. Privacy management. Good privacy option setting is very important on social media.
6. Passwords. Don't share your passwords. Keep them secret. Change them from time to time.
7. Webcam. Webcam gives a lot of information about you. Beware who you use it with.
8. Critical examination. Think all you can see online is not true. Everybody can post anything. Check the information.
9. A friend? Be careful if you didn't know the person you chat with. Beware with your friends' friends.
10. Dates. Never met alone anybody you only know from the Internet.